



# Say What You Mean & Mean What You Say!

## **SAY IT STRAIGHT** **TRAINING**

During this 3-day training, participants will learn:

- How to implement a research-based, process-oriented life skills program that uses cognitive, affective, visual, auditory and kinesthetic modalities.
- How to identify the communications that lead to breakdowns and conflicts, and transform them into powerful resources for effective communications, positive relationships, prevention and sustained recovery.
- How to promote wellness, personal and social responsibility, self-efficacy, positive self esteem, and positive relationships among students, parents, and other clients.

**WHEN:** Monday, September 13 - Wednesday, September 15, 2010  
8 am to 5pm each day

**WHERE:** Holcomb Behavioral Health Systems  
Prevention & Education Office  
126 E. Baltimore Pike, Media, PA  
(in Gayley Square shopping center, across from Pinocchio's Pizza)

Breakfast will be provided. Participants are responsible for their own lunch.

**There is a \$750 registration fee including materials and supplies.**

**Deadline for registration is Friday, September 3, 2010.**

**To register or for more information, please call 484-444-0412.**

This program is coordinated by Holcomb Behavioral Health Systems Prevention & Education and made possible through grant funding from the Pennsylvania Commission on Crime and Delinquency.

# Say It Straight Training

## Training Registration

September 13-15, 2010

Deadline is Friday, September 3, 2010

PLEASE PRINT CLEARLY

Attendee Name	Agency/School/ Facility	Address	Email Address	Phone Number	Registration Fee \$750.00	Total

\$750 per person registration fee

Return this form with check or purchase order to:

**Holcomb Behavioral Health Systems**

**126 East Baltimore Ave**

**Media, PA 19063**

**Questions? Call 484-444-0412**

**PLEASE NOTE: FORMAL PURCHASE ORDER OR PREPAYMENT IS REQUIRED.  
HOWEVER, TO HOLD YOUR SPACE, PLEASE FAX COMPLETED REGISTRATION FORM  
TO HOLCOMB (484-444-0421) BY SEPTEMBER 3, 2010!**